

A Gut-Feeling: How intestinal microbes modulate mood and behavior

Scientists are investigating the idea that intestinal microbiota might influence brain development and behavior. Could your gut microbes influence behavior and alter brain physiology and neurochemistry? Researchers have begun drawing links between gastrointestinal pathology and psychiatric neurological conditions such as anxiety, depression, autism, schizophrenia and neurodegenerative disorders. The Human Microbiome Project, a large-scale study of the microbes that colonize humans, might help to unravel mental-health disorders. Melanie Gareau, a physiologist at the University of California, Davis is researching the mechanisms involved in the development of the microbiota-gut-brain axis.

COMMUNITY PRESENTATION

Sept.
22

5:30 – 7 p.m.

UC Davis Tahoe Science Center,
291 Country Club Dr.,
Incline Village, Nevada

\$5 suggested donation,
refreshments and no-host bar 5:30
p.m., presentation begins at 6 p.m.

Please register for early seating at
<http://terc.ucdavis.edu/events/>

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Mental Health in the Mountains

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