

Container Gardening

- Kale
 - Give it some space in a container with a minimum 12” diameter with a depth of at least 12”
 - Larger containers, space the plants 12 inches apart
 - Provide proper drainage add stones, walnut shells, broken pottery, etc.
- Lettuce (harvest leaves)
 - Shallow roots don't need deep soil
 - Wide and shallow (6+ inches) container
 - Shallow container will need more watering
 - Adequate drainage holes in the bottom

Kale Cheat Sheet

- Change planting location, *no replanting for 2-4 years*
- Full sun spring/fall, shade in summer
- Make sure seedling and planting location are moist before transplanting
- Gently massage roots before planting
- Do not compact soil surface but press in and around plug and loosely fill rest of the area
- ~12 inches apart in all directions
- Bury to apex or axis point
- Initial water regularly for 3-4 days straight
- Subsequent watering is temperature dependent (3-4 days)
- Harvest from bottom up, leave ½ vegetation
- Remove all yellowed/damaged leaves

Lettuce Cheat Sheet

- Leaf harvest: plant 3" < apart
- Head harvest: plant 10"-12" apart
- Plant deep enough so seedling is upright
- Make sure seedling and planting location are moist before transplanting
- Light, slow watering every day for 3-4 days straight
- Subsequent low pressure soaker hose for deep watering every (3-4 days)
- Check soil moisture a few inches below surface
- Harvest leaves in the AM leaving an inch
- Harvest head in the AM leaving 2-4 inches