Container Gardening

• Kale
  • Give it some space in a container with a minimum 12” diameter with a depth of at least 12”
  • Larger containers, space the plants 12 inches apart
  • Provide proper drainage add stones, walnut shells, broken pottery, etc.

• Lettuce (harvest leaves)
  • Shallow roots don't need deep soil
  • Wide and shallow (6+ inches) container
  • Shallow container will need more watering
  • Adequate drainage holes in the bottom
Kale Cheat Sheet

• Change planting location, *no replanting for 2-4 years*
• Full sun spring/fall, shade in summer
• Make sure seedling and planting location are moist before transplanting
• Gently massage roots before planting
• Do not compact soil surface but press in and around plug and loosely fill rest of the area
• ~12 inches apart in all directions
• Bury to apex or axis point
• Initial water regularly for 3-4 days straight
• Subsequent watering is temperature dependent (3-4 days)
• Harvest from bottom up, leave ½ vegetation
• Remove all yellowed/damaged leaves
Lettuce Cheat Sheet

• Leaf harvest: plant 3” < apart
• Head harvest: plant 10”-12” apart
• Plant deep enough so seedling is upright
• Make sure seedling and planting location are moist before transplanting
• Light, slow watering every day for 3-4 days straight
• Subsequent low pressure soaker hose for deep watering every (3-4 days)
• Check soil moisture a few inches below surface
• Harvest leaves in the AM leaving an inch
• Harvest head in the AM leaving 2-4 inches