

# Container Gardening

- Brassica
  - Kale & Bok Choy = ~5 gallon (10" x 12")
  - Tatsoi = ~2 gallon (8" x 9")
  - Mizuna = ~1 gallon (6" x 7")
  - Larger containers, space the plants 12 inches apart
  - Provide proper drainage make sure soil is not compact
  - Thick mulch to prevent evaporation
  - Recommend diluted fish emulsion application ~3-4 weeks
- Lettuce (harvest leaves)
  - Shallow roots don't need deep soil
  - Wide and shallow (6+ inches) container, consider up to 12" deep for romaine
  - Shallow container will need more watering, thick mulch recommended
  - Adequate drainage holes in the bottom
  - Recommend diluted fish emulsion application ~every 3-4 weeks



# Brassica Planting Cheat Sheet

- Change planting location, *no replanting for 2-4 years*
- Full sun spring/fall, shade in summer
- Make sure seedling and planting location are moist and fertile before transplanting
- Gently massage roots of kale before planting but gentle root care for the others
- Amend soil and do not compact soil surface when planting
- Press in and around plug to increase soil surface area, loosely fill rest of the area
- ~12 inches apart in all directions
- Bury to apex or axis point
- Initial water regularly for 3-4 days straight
- Subsequent watering is temperature dependent (3-4 days) keep soil moist
- Harvest from the outer leaves (all) leaving inner leaves or Cut-and-come-again (Mizuna, Tatsoi) leave 1-2" of base or consider whole head (Bok choy)
- Thick mulch to prevent evaporation, rec. diluted fish emulsion every 3-4 weeks
- Remove all yellowed/damaged leaves





# Lettuce Cheat Sheet

- Leaf harvest: plant 3” $\times$  apart
- Head harvest: plant 10”-12” apart
- Plant deep enough so seedling is upright
- Make sure seedling and planting location are moist before transplanting
- Light, slow watering every day for 3-4 days straight
- Subsequent low pressure soaker hose or drip irrigation for deep watering every (3-4 days) and to prevent mildew
- Check soil moisture a few inches below surface
- Thick mulch to prevent evaporation, rec. diluted fish emulsion every 3-4 weeks
- Harvest leaves in the AM leaving an inch
- Cut-and-come-again harvest in the AM leaving 2-4 inches



# Strawberry Spinach Cheat Sheet

- Prefer full sun, only light frost tolerant
- Leaf harvest after leaf formation
- Berry harvest and stop leaf harvest
- Amend soil with compost or manure before transplanting
- Press in and around plug to increase soil surface area, loosely fill rest of the area
- Light, slow watering every day for 3-4 days straight
- Water regularly but be careful to not overwater
- Thick mulch to prevent evaporation, rec. diluted fish emulsion every 3-4 weeks
- Dead head if you want an annual
- Will reseed easily if you want volunteer seedlings next year