Container Gardening

• Brassica
  • Kale & Bok Choy = ~5 gallon (10” x 12”)
  • Tatsoi = ~2 gallon (8” x 9”)
  • Mizuna = ~1 gallon (6” x 7”)
  • Larger containers, space the plants 12 inches apart
  • Provide proper drainage make sure soil is not compact
  • Thick mulch to prevent evaporation
  • Recommend diluted fish emulsion application ~3-4 weeks

• Lettuce (harvest leaves)
  • Shallow roots don't need deep soil
  • Wide and shallow (6+ inches) container, consider up to 12” deep for romaine
  • Shallow container will need more watering, thick mulch recommended
  • Adequate drainage holes in the bottom
  • Recommend diluted fish emulsion application ~every 3-4 weeks
Brassica Planting Cheat Sheet

• Change planting location, no replanting for 2-4 years
• Full sun spring/fall, shade in summer
• Make sure seedling and planting location are moist and fertile before transplanting
• Gently massage roots of kale before planting but gentle root care for the others
• Amend soil and do not compact soil surface when planting
• Press in and around plug to increase soil surface area, loosely fill rest of the area
• ~12 inches apart in all directions
• Bury to apex or axis point
• Initial water regularly for 3-4 days straight
• Subsequent watering is temperature dependent (3-4 days) keep soil moist
• Harvest from the outer leaves (all) leaving inner leaves or Cut-and-come-again (Mizuna, Tatsoi) leave 1-2” of base or consider whole head (Bok choy)
• Thick mulch to prevent evaporation, rec. diluted fish emulsion every 3-4 weeks
• Remove all yellowed/damaged leaves
Lettuce Cheat Sheet

- Leaf harvest: plant 3”< apart
- Head harvest: plant 10”-12” apart
- Plant deep enough so seedling is upright
- Make sure seedling and planting location are moist before transplanting
- Light, slow watering every day for 3-4 days straight
- Subsequent low pressure soaker hose or drip irrigation for deep watering every (3-4 days) and to prevent mildew
- Check soil moisture a few inches below surface
- Thick mulch to prevent evaporation, rec. diluted fish emulsion every 3-4 weeks
- Harvest leaves in the AM leaving an inch
- Cut-and-come-again harvest in the AM leaving 2-4 inches
Strawberry Spinach Cheat Sheet

• Prefer full sun, only light frost tolerant
• Leaf harvest after leaf formation
• Berry harvest and stop leaf harvest
• Amend soil with compost or manure before transplanting
• Press in and around plug to increase soil surface area, loosely fill rest of the area
• Light, slow watering every day for 3-4 days straight
• Water regularly but be careful to not overwater
• Thick mulch to prevent evaporation, rec. diluted fish emulsion every 3-4 weeks
• Dead head if you want an annual
• Will reseed easily if you want volunteer seedlings next year