Nutrition science researcher Dr. Kimber Stanhope will present a study recently featured in the CBS News 60 Minutes investigative report with Dr. Sanjay Gupta on the metabolic effects of sugar consumption.

People who consume diets high in added sugar have higher risk of having or developing cardiovascular disease and diabetes. Dr. Stanhope will compare the main dietary sugars—sucrose and high fructose corn syrup—and their component monosaccharides: glucose and fructose. Dr. Stanhope will discuss the direct experimental evidence that consumption of high sugar diets is contributing to the U.S. epidemics of cardiovascular disease, diabetes and metabolic syndrome.